

Prevention... The Ultimate Solution

What is Safe Homes?

Safe Homes is a program for all parents and guardians of youth in pre-K-12th grades. It's a way for parents and guardians to talk to each other and unite in a NO USE message that "there will be no violence, or use of alcohol, tobacco or other drugs" in their homes or property. According to Substance Abuse Prevention Services' 2008 Youth Drug Survey, 20.3% of students reported receiving alcohol from their parents. Given this alarming statistic, parents and guardians should work together to keep their community free of drugs and alcohol! Services are available in English and Spanish.



What is Drug Free Workplace?



Workers who reported dependence of alcohol or illegal drugs were more likely to have been absent for two or more days of work due to illness or injury (www.dol.gov). Substance Abuse Prevention Services helps companies maintain a drug and alcohol free workplace through lunch and learns, trainings and educational material. Qualified professionals educate employers and their staff on commonly used substances, the classification and effects of drugs, local community resources and development of a drug free workplace policy. By educating employers, businesses will have tools to ensure their employees are safe in the workplace from drugs and alcohol and maintain a productive work environment. Services are available in English and Spanish.

Seniors in the Community

Qualified staff are available to speak to senior groups on the following health and wellness topics:

- ◆ Doctor Visits
- ◆ Stress Management
- ◆ Taking Care of Ourselves
- ◆ Forgiveness
- ◆ Change and Acceptance
- ◆ Wellness



Additional topics are available upon request
Services are available in English and Spanish



Radio Formula 1310 am features a Latino Drug and Alcohol Prevention Show every Monday from 1:00pm to 2:00pm



Mi Gente features an article every Tuesday about education in drugs and alcohol prevention, treatment services, and community resources

SAPS FAMILY FUN SPOT!

Unscramble the following words. Answers provided below.

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|---------------|--------------|
| 1. hcoalol | 4. cocabto |
| 2. nitadicto | 5. neticojn |
| 3. tenperovin | 6. anajumari |

For more information or schedule a presentation, call 704-375-3784 ext. 10 or go to our website, www.preventionservices.org. Email at info@preventionservices.org



1. alcohol
2. addiction
3. prevention
4. tobacco
5. nicotine
6. marijuana